

ST ANDREWS, FIFE

The historic University town of St Andrews has much to offer visitors: beautiful buildings and wonderful stretches of sand. There are several visitor attractions, including the Sea Life Centre, Golf Museum, East Sands Leisure Centre, Castle and Cathedral ruins (each with a visitor centre), plus the recently rebuilt Byre Theatre St Andrews is a few miles from the East Neuk with its attractive coastal villages.

TRANSPORT

Public transport is by coach to St Andrews, or by train to Leuchars Station, approximately 5 miles away, on the main East-Coast line.

ACCOMMODATION

St Leonards is a private boarding school, set in 35 acres of ground in the heart of the town, next to the harbour and ancient cathedral. Its pleasant stone buildings are encircled by the walls of the old Abbey, and there is ample parking in the school grounds. The oldest part of the school dates back to the 15th Century, and if you are in the vicinity of the Library at night, you may meet the ghost of Mary Queen of Scots, whose bedroom is preserved inside! Also in the school grounds is St Leonard's Chapel (1512), which we use for Wednesday evening prayers.

This year accommodation is initially available in Bishop's Hall, an old, elegant building which offers single student bedrooms, some of which are large enough to have twin beds if required. If we fill Bishop's Hall, we will allocate rooms in Ollerenshaw, an adjacent building which has rooms with wash-hand basins. While there are no en-suite facilities in either house, there are toilet, bath and shower facilities on each floor. Towels are provided. Each house has kitchen facilities and comfortable sitting areas. **NB. There are no lifts in St Leonards and the bedrooms and group rooms are on various floors. We would make every possible effort to accommodate your needs, but please let us know beforehand if you have problems with your mobility.**

THE COST

The cost which includes the Conference Fee, Accommodation and Full Board is £419 for non-members and £404 for members and those currently attending Seminars. **There will be a £10 reduction in the conference fee if you book by 17th January, 2012.** Early booking is advisable. Bookings and Enquiries by 9th March, 2012.

In special circumstances bursaries may be available. Please contact Conference Committee members Bernadette McWilliams (01501 735 763) or James Wilson (01382 459249) for a confidential discussion. We invite donations to our Bursary Fund.

Further details about the work of BPF can be found on the website www.bridgepastoral.org.uk

Scottish Committee Chairperson's details:
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BPF was established in 1962 as the Clinical Theological Association. The Association for Clinical Theological Training and Care Ltd is registered in England as a Company Ltd by Guarantee No. 737881 and as a registered Charity No. 296816.



Bridge Pastoral Foundation

Formerly The Clinical Theology Association

Annual Scottish Conference 2012

TELLING OUR STORIES

with

Hamish Montgomery

Richard Holloway

Judith Fewell

Monday 16th - Friday 20th April 2012

St Leonards School
St Andrews

BRIDGE PASTORAL FOUNDATION SCOTTISH CONFERENCE 2012

TELLING OUR STORIES

From the Beginning: *Frank Lake and the Story of CTA/BPF*

Hamish Montgomery was a CTA tutor for over 20 years and was formerly Leader of The Tom Allan Centre in Glasgow where he introduced counselling.

In our 50th Anniversary year, Hamish Montgomery will tell the story of CTA/BPF from the founding of The Clinical Theology Association by Frank Lake in 1962 to the present day, with some thoughts on our future direction.

Recovering the Future: *Parables of Forgiveness and the Illusion of Freedom*

Richard Holloway is a writer and broadcaster. He is the author of more than twenty books, including *Godless Morality, Doubts & Loves*, and *Looking in the Distance* and has presented a number of television series, including *Holloway's Road, The Sword and the Cross* and *Art and Soul*. He was Bishop of Edinburgh and Primus of the Scottish Episcopal Church until 2000, and has been Gresham Professor of Divinity in the City of London. A Fellow of the Royal Society of Edinburgh and recipient of its Gold Medal in 2008, he has fulfilled a number of significant roles in public life, and continues to contribute widely to Scottish society. His next book, *Leaving Alexandria: A Memoir of Faith and Doubt* will be published in March 2012.

Richard Holloway writes: "We mostly live in almost complete ignorance of the determinants of our own nature and therefore act blindly; only deep self-knowledge and the forgiveness that closes the past and delivers a different future offer us any hope of redemption." In his talk, he will consider the parables of the Prodigal Son and the Good Samaritan as well as the novel sequence of Edward St Aubyn.

Ourselves and Our Lives: *Our Stories and How We Tell Them*

Judith Fewell is an experienced psychoanalytic psychotherapist and supervisor in private practice. She has recently retired from her post as Lecturer in Counselling and Psychotherapy in the School of Health in Social Science at the University of Edinburgh where she is now an Honorary Fellow.

Judith Fewell will explore the relevance of stories to what it is that makes us human. She will focus on early developmental issues in the relationship between infant and primary care giver and will relate these to the here and now of our experience.



Who is this Conference for?

The conference is open to all, whether members of BPF or not, who are seeking space for reflection and personal growth within the ethos of ecumenical Christian spirituality. While there is a Christian basis, those of other faiths or of no particular faith are valued. The week will appeal to those in the "helping" professions including those engaged in pastoral and voluntary work in local churches and communities; and others concerned about personal well-being and relationships.

CPD Certificates specifying the various activities of the conference are issued to all participants.

The Conference Format

Plenary Sessions - These will take place on Monday, Tuesday and Wednesday evenings when one of our speakers will address the conference each evening.

Personal Growth Groups - Meeting daily in the same small group is an integral part of the conference. Working with experienced facilitators, members of the group are invited to explore personal issues that they have brought with them or that arise during the conference. The group provides the opportunity for a safe environment where members can creatively explore current or past experiences that are constricting their lives and relationships. People work at many different levels appropriate to their own experience and current circumstances. Personal matters raised in the group are confidential and we work within ethical boundaries. Group facilitators are supervised each day during the conference. This is a rich therapeutic space where people may gain great personal insight. However, if you are unfamiliar with small group work, please note that this can be an intense experience as strong emotions and feelings may be expressed which can trigger deep issues.

NB. If you are unsure if this Conference is appropriate for you, and if you are under medical/psychiatric care or aware of experiencing unusually high levels of stress, please discuss your situation in confidence before applying. (See Application Form for contact details.)

Workshops - You will have the opportunity to participate in a variety of workshops. They may relate to the theme of the conference, focus on theological or psychological issues and may be experiential in content. Full details will be sent to you on application.

Daily Worship - The life of the conference is sustained through morning and evening worship. There is a celebration of Holy Communion or Eucharist each day and the opportunity for Mass where possible. Other opportunities for reflection and prayer are offered in a variety of traditions and styles.

Social Occasions - Dinner on Thursday evening will be a more formal celebration followed by the traditional last night Scottish Dance and Ceilidh. Conference members are warmly invited to contribute to the entertainment - so come prepared!

Free Time - There will be time each afternoon for rest or for exploring St Andrews and the surrounding area.